


## Child Growth & Development (free videos to watch)

# Watch Me Grow!

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/cde/curriculum/watch-me-grow.html>

Length of video: 6:22

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 **HEAD START**  
An Office of the Administration for Children and Families  
Early Childhood Learning & Knowledge Center (ECLKC)

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T/TA System

Early Head Start

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## Watch Me Grow!

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Watch this short video to explore basic principles of child development. This information can help staff as they support and individualize care for infants and very young children.



[Download the video](#) [MP4, 36MB] [Download the transcript](#) [PDF, 184KB]

**Related Materials:**  
[Watch Me Grow! - Info Sheet](#) [PDF, 285KB]

Watch Me Grow! HHS/ACF/OHS/EHSNRC. 2013. English. Streaming Video. 00:06:28.

*Last Reviewed: November 2014*

**Required Viewers:** 