

August 2017

Chester County School District Elementary Menu

LUNCH



School Information: Lunch Prices
 .40 Reduced
 1.85 Full Price
 3.60 Adult Price



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



This institution is an equal opportunity provider.

Monday



Tuesday

Wednesday

Thursday

Friday



Orange Chicken w/Fried Rice
 OR Chef Salad
 Oriental Vegetables
 Tossed Salad
 Mandarin Orange Bites
 Strawberry Cup

BBQ Sandwich OR Hotdog
 Baby Carrots w/Dip or
 Baked Beans
 Fresh Fruit or Sidekick

Buffalo Chicken Sandwich **OR**
 Meatballs w/Mashed Potatoes
 Green Beans
 Grapes
 Chilled Fruit

Pizza **OR** Corn Dog
 Tossed Green Salad
 Potato Smiles
 Fresh Peaches or Fruit Juice
 Cookie

Waffles w/Chicken Bites
 OR Chef Salad
 Seasoned Potatoes
 Fresh Fruit Choice
 Applesauce or Fruit Juice

Beef Nachos
 OR Fish Bites
 Carrot Sticks or
 Cowboy Salad
 Chilled Fruit
 Fresh Fruit Choice

Cheeseburger
 OR Popcorn Chicken
 French Fries
 Fresh Broccoli w/Dip
 Chilled Fruit
 Fresh Fruit Choice

Teriyaki Chicken Rice Bowl
 Chef Salad
 Spinach Salad
 Carrot Coins
 Tropical Fruit
 Fresh Fruit Choice

Baked Potato Meal **OR**
 Max Sticks w/Marinara Sauce
 Broccoli w/Dip or Mixed Vegetables
 Applesauce or Fresh Fruit
 Rice Krispy Treat

Chicken Fajita
OR Meatloaf w/Mashed Potatoes
 & Roll
 Tossed Green Salad
 Pinto Beans
 Tropical Fruit or Fresh Fruit

Fried Chicken w/Wheat Roll
 OR Chef Salad
 Steamed Squash
 Steamed Broccoli
 Fruit Cocktail
 Oranges Halves

